## Approved <u>MEETING MINUTES</u> STATE CONSUMER AND FAMILY ADVISORY COMMITTEE

## July 10, 2008

**Present**: Wilda Brown, Terry Burgess, Cherene Allen-Caraco, Zack Commander, Bill Cook, Kathy Crocker, Carol DeBerry, Judy Dempsey, Roger Griesinger, Ron

Kendrick, Carl Noyes, Paul Russ, Renee Sisk, Andrea Stevens and Amelia Thorpe. **Absent**: Carl Britton-Watkins, Marianne Clayter, Libby Jones and David Taylor Jr.

**Resigned**: Beaufort Bailey.

**Staff Present**: Flo Stein, Chris Phillips, Ann Remington, Cathy Kocian and Jesse Sowa.

Guests: Representative Lucy Allen, Fred Johnson, and Judy Taylor.

Presenter & Topic	Discussion	Action
Welcome:	The meeting was called to order at 9:30 A.M.	The agenda was approved with
Ron Kendrick, SCFAC Chair	• Ron welcomed four new SCFAC members; Cherene Allen-Caraco,	changes.
	Roger Griesinger, Paul Russ and Renee Sisk.	The June 2008 minutes were approved.
Public Comments/Issues	<ul> <li>Chris Phillips announced that the Center for Medicare and Medicaid Services (CMS) released \$124.7 million of the overall funding that had been withheld due to questions about Community Support Service (CSS).</li> <li>SCFAC members discussed the upcoming transition of patients from John Umstead and Dorothea Dix hospitals to the new Central Regional Hospital in Butner. Members had expressed concerns regarding the transition of patients prior to adequate staff training. Discussion occurred around the language change in Section 10.15.(g) of the General Assembly Budget Act pertaining to the Central Regional Hospital meeting CMS and Joint Commission on Accreditation of Healthcare Facility (JCAHO) staffing and safety standards prior to the transition of patients. The press and others seem to believe that the language implies that actual inspections by these organizations must occur prior to transferring patients. It was correctly noted that CMS and JACHO do not do inspections until the facility is occupied by patients. The Division of Health Service Regulation has inspected the hospital and has issued a report to the Secretary.</li> <li>Representative Lucy Allen addressed SCFAC members' concern regarding the \$.25 per mile travel reimbursement rate for members of Boards and Committees at the state level. Representative Allen suggested that SCFAC</li> </ul>	SCFAC members discussed drafting a response letter with regards to the inspection issue.

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	Service Appropriations Committee. Representative Allen stated that she	
	would be glad to co-sponsor a bill to increase the current mileage rate. In	
	addition, Rep. Allen advised that it would have impact if 3 or 4 SCFAC	
	members to make an appointment to visit the legislature.	
Discussion with Division Leadership	Flo Stein, Chief of the Community Policy Management Section in the	
Flo Stein	Division, represented the Division for discussion with SCFAC members. Flo	
	gave a brief overview of her Section. She then led the SCFAC members	
	through a review of this year's budget. She noted that North Carolina is the	
	only state that has legislative oversight of mental health, developmental	
	disabilities and substance abuse services (MH/DD/SAS). The Division of	
	MH/DD/SAS has received \$30 million dollars of new money for the 2008-	
	2009 fiscal year. SCFAC members were concerned about the budget and	
	several members indicated their intention to contact their representatives about	
	the budget.	
	• Flo discussed consumer choice and self-direction as being the nature of future	
	services and underscored the necessity for consumers to engage in good self-	
	care (i.e. managing one's diet, getting exercise, and alcohol intake, etc.).	
	• Providers not actively pursuing accreditation as of June 30, 2008 will no	
	longer be able to meet the timelines to be accredited by March, 2009.	
	Community Support Services (CSS) have new rates that were developed in a	
	tiered format. The new rates include a rate for peer support but peer support	
	cannot stand alone as a billable service. LMEs are able to use flexible funding	
	to pay for peer support services.	
Mental Health First Aid Training	Carl Noyes gave a presentation on Mental Health First Aid. Originally, the	
Carl Noyes	concept was developed by the University of Melbourne in Australia. This	
	consists of professionally developed tools and protocols to assist individuals	
	experiencing a mental health crisis with stabilization until they can get	
	services.	
Critical Issues	Wilda Brown reviewed the action plan she created entitled "Lack of"	Wilda agreed to draft an advisory
Wilda Brown	Awareness and Unified Voice." The focus of this plan is on how consumers	letter to the LOC, Secretary, and ELT.
, , , , , , , , , , , , , , , , , , ,	and family members can be more effective in the local communities. The	
	following areas of concern were addressed by SCFAC members:	
	o CFAC members need to recruit champions in order to stay in the	
	public eye (i.e. lawyers, doctors, etc.),	
	<ul> <li>Education is necessary in order to have a collective voice (i.e.</li> </ul>	
	develop anti Stigma campaigns, attend county commissioner	
	meetings, etc.),	
	o Counties should be encouraged to develop more funding at the	
	local level for services and to ensure consumer and family	
	member participation.	
Effectiveness Review	SCFAC members discussed the Effectiveness Review and agreed upon the	
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Concerns and Complaint Sub-	following:  Robert's Rules of Order will be used to conduct meetings,  The meetings will continue to start at 9:30 A.M. and members will need to be on time,  SCFAC members have requested that they receive all written materials one week prior to the meeting,  Carol DeBerry will be the agenda time keeper,  SCFAC sub-committees will meet the Wednesday evening prior to the Thursday SCFAC meeting,  Members should consider having a working lunch,  All people wishing to speak during public comment must sign in with the Staff liaison or SCFAC Chair,  Delegate Sub-Committees and  Establish a Response Team.	
Committee	committee.	
Response Task Force	<ul> <li>Ron Kendrick stated that he would like to develop a SCFAC Response Team consisting of the Chair, Vice-Chair and 4 other SCFAC members. The focus of this team would be to address issues and concerns that SCFAC receives.</li> <li>Ron developed a standing sub-committee to replace the concerns and complaint sub-committee. The committee consists of the two SCFAC officers and members from each of the three disability categories:         <ul> <li>MH- Cherene Allen-Caraco, Kathy Crocker and Ron Kendrick,</li> <li>DD-Wilda Brown and Andrea Stevens, and</li> <li>SA- Bill Cook and Renee Sisk.</li> </ul> </li> <li>SCFAC members discussed emails received that need a response. Wilda suggested that the sub-committee can assist with these responses.</li> </ul>	Ron Kendrick will develop a working Charter for the Response Team.
SCFAC meeting with LOC	Ron Kendrick stated that he would move forward with establishing communication with the LOC.	Chris Phillips and Cathy Kocian will provide Ron with contact information and past written correspondence submitted to LOC staff regarding communication with SCFAC.
Staff Qualifications Workgroup	Judy Dempsey stated that she must resign from this workgroup.	A replacement will be designated to fill Judy's position.
Next Meeting Date	The next meeting is scheduled for August 14, 2008 from 9:30 A.M. – 3:00 P.M. The meeting will be held in the Four Sisters Room at the Clarion Hotel State Capital, 320 Hillsborough Street, Raleigh, NC.	
August 2008 Meeting Agenda	Approval of the Agenda. Approval of the July 2008 minutes. Discussion with Division Leadership. Public Comment & Issues Session.	

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	SCFAC Sub-Committee Written Reports.	
	Response Team Charter	
	Response Team Sub-Committee	
	SCFAC Effectiveness Review.	
	LOC Meeting with SCFAC members	
<b>Future Discussion</b>	Representative Lucy Allen-State Travel Policies	
	Quality Management Presentation	